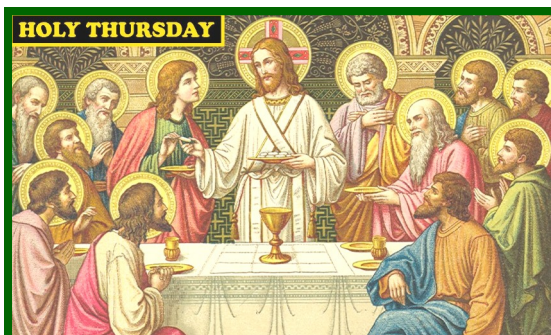


PLENARY INDULGENCE GUIDE FOR THE SACRED TRIDUUM AND DIVINE MERCY SUNDAY

- 1. What is a Plenary Indulgence?** A **Plenary Indulgence** is the full remission of temporal punishment due for sins which have already been forgiven. The indulgence is granted by the Catholic Church after the sinner has confessed and received absolution. Indulgences draw on the Treasury of Merit accumulated by Christ's superabundantly meritorious sacrifice on the cross and the virtues and penances of the saints. They are granted for specific good works and prayers.
- 2. Who Can Gain A Plenary Indulgence?** To be capable of gaining an indulgence for oneself, it is required that one be baptized, not excommunicated, in the state of grace at least at the completion of the prescribed works, and a subject of the one granting the indulgence.
- 3. Who Can I get a Plenary Indulgence for?** You can gain a Plenary Indulgence for yourself or for a deceased person. But not for another living person, they have to get it for themselves.



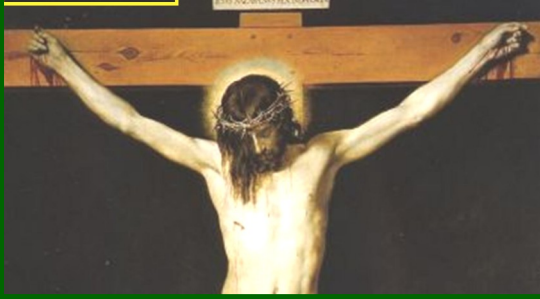
A Guide to gaining a Plenary Indulgence on Holy Thursday

A Holy Thursday Plenary Indulgence Check List:

- THE WORK:** §59. *Tantum Ergo* - During Adoration after the Mass of the Lord's Supper recite the *Tantum Ergo* — **NOTE: at 9 PM during Adoration we will recite the *Tantum Ergo*.**
- THE USUAL CONDITIONS:**
 - Receive Holy Communion on the Feast Day
 - Go to Confession (within 8 Days of the Feast Day)
 - Have no attachment to sin.
 - Pray for the Intentions of the Pope one *Our Father*, *Hail Mary*, and the *Glory Be*.



GOOD FRIDAY



A Guide to gaining a Plenary Indulgence on **Good Friday**

A Good Friday Plenary Indulgence Check List:

- THE WORK:** §17. *Crucis Adoratio* - Within the Liturgical Celebration of the Pre-sanctified Liturgy of the Lord's Passion on Good Friday adore the Holy Cross and kiss it. — **NOTE:** 3:00 PM in Belfast and 7:00 PM in Fillmore.
- THE USUAL CONDITIONS:**
 - Receive Holy Communion on the Feast Day
 - Go to Confession (within 8 Days of the Feast Day)
 - Have no attachment to sin.
 - Pray for the Intentions of the Pope one *Our Father*, *Hail Mary*, and the *Glory Be*.

EASTER VIGIL



A Guide to gaining a Plenary Indulgence on the **Easter Vigil**

A Easter Vigil Plenary Indulgence Check List:

- THE WORK:** §70. *Votorum baptismalium renovation* - Within the Liturgy of the Easter Vigil renew your Baptismal Promises. — **NOTE:** Liturgy begins at 8:30 PM in Fillmore.
- THE USUAL CONDITIONS:**
 - Receive Holy Communion on the Feast Day
 - Go to Confession (within 8 Days of the Feast Day)
 - Have no attachment to sin.
 - Pray for the Intentions of the Pope one *Our Father*, *Hail Mary*, and the *Glory Be*.





DIVINE MERCY
SUNDAY

A Guide to gaining a Plenary Indulgence
on

Divine Mercy Sunday

A Divine Mercy Sunday Plenary Indulgence Check List:

- THE WORK:** *June 29, 2002: Actus Cultus in Honorem Divinae Misericordiae* - Celebrate Divine Mercy Sunday (Second Sunday of Easter) in Church while participating Devotions in Honor of the Divine Mercy. — **NOTE: Celebrations at Belfast this year: 2 PM Confessions, 3 PM Chaplet of Divine Mercy followed by Mass.**
- THE USUAL CONDITIONS:**
 - Receive Holy Communion on the Feast Day
 - Go to Confession (within 8 Days of the Feast Day)
 - Have no attachment to sin.
 - Pray for the Intentions of the Pope one *Our Father, Hail Mary, and the Glory Be.*

